While the percentage of Latter-day Saints in Utah has reached an historic high, the percentage of Mormons in Tooele County has remained steady for the past decade, according to state and local figures. Tooele County's population has increased slightly in Tooele County relative to the county's population as a whole.

LDS Church membership holding steady

TOOELE County — making up 59.1 percent of the county's population as a whole.

Police end armed standoff peacefully

Two days left to help family facing tragedy

Junk food still common in schools

2008 county budget tops $60 million

2008 balanced budget of $831.6 million, a 6.3 percent increase from the previous year.
Utah weighs protection for reporters’ sources

SALT LAKE CITY (AP) — Utah lawmakers have passed a bill that would make it difficult for investigators or other officials to subpoena reporters’ notes and records related to confidential sources for a story. Senate Bill 100, sponsored by Sen. Michael Morris, provides similar protection to President Barack Obama, who recently signed a new law that bars Congress or its committees from confiscating reporters’ notes. The bill provides that, in order to serve a subpoena on a reporter, or to file a complaint against a reporter, a government official must demonstrate by a preponderance of the evidence that the notes contain evidence that is critical to a government investigation. The bill also provides that, in certain situations, a government official may subpoena a reporter’s notes without having to demonstrate that they contain evidence critical to an investigation. The bill also prohibits government officials from using a reporter’s notes in any way that would violate the First Amendment or other provisions of the federal Constitution. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their sources or notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation. The bill also provides that a government official may not seek a court order to compel a reporter to disclose their notes unless the government official has demonstrated that the information contained in the notes is critical to the government investigation.

Utahns get $1.8 million in Ameriquest settlement

SALT LAKE CITY (AP) — More than 1,800 Utah homeowners who borrowed from Ameriquest Mortgages will be getting a refund from the federal Homeowner Settlement National Court. Those who held home mortgages between January 1999 and December 2005 are eligible for a share of $1.8 million. The Utah Attorney General’s office says the largest check to a Utah consumer was $22,212. The average check was $1,200. The settlement comes after attorneys that Ameriquest misrepresented or failed to delay home loans. Consumers can get more information about the settlement from the settlement administrators office.
Animal control officer urges people to keep pets safe during the winter

By Susan Adair

As outside temperatures around the valley drop, dogs and cats become more vulnerable to the elements.

“Do anything possible to prevent them from getting too cold,” said Animal Control Officer Debra Bush. “We run services seven days a week year round.”

Dogs, depending on their breed, coat and percentage of body fat, can withstand colder temperatures than humans — 101.5 to 102.5 — but can suffer from hypothermia if exposed to colder temperatures for too long.

“Dogs can handle it a little bit better than humans,” Bush said. “When dogs get cold they burn calories faster, so feed them more often too.”

If kept indoors dogs kept outside, their coats need to be brushed more often too. “The insulation helps the animals retain their body weight,” Bush said. “Even dogs with long coats need to be brushed. If they don’t have their coats brushed they can get flaky.”

Bush said that dogs should not be kept outside at all since they can tolerate the cold for about two hours, Bush said.

Dogs should not be left in the cold while their owner is shopping Christmas shopping just as leaving a dog in a hot car during the summer — when the inside of the vehicle can heat up rapidly — can prove deadly, leaving a dog inside a cold car can also be equally dangerous as the temperature inside can drop fast.

Cats are at a higher risk in the winter months because, Bush said. “Cats should be kept inside.” Bush said. “If you don’t provide a warm place for them, they will seek out a new shelter and stay there.”

“We paid a lot of money for an animal that has no place to go,” she added. “All our locations put up signs that say if you aren’t sure whether someone is being a good pet owner or not.”

For more information contact Animal Control at 801.973.4600 or visit www.tooeletranscript.com.

Stansbury officials look to raise taxes in 2008

By Jamie Benson

TUESDAY

Stansbury officials look to raise taxes in 2008. "We raised the Mill Levy to the max the man three years ago," Jones said, adding that because of sig- nificant growth in the park since it has dropped from 0.014 to 0.057 for recreation in 2005 to 0.0955 and 0.096075 in 2007. This year, however, the hous- ing slump has curbed growth in Stansbury.

"Right now you couldn’t sell a stick to someone in the park," Jones said. "Nothing is selling." That slowdown necessitates raising taxes, according to Jones. "We are going to try to do what’s best for the people and the park, and find the right compromise," Jones said.

And public hearings, "especially those on fixed incomes — were nervous about the increase and the idea that it could be repeated in coming years as well. “It’s painful no matter how we do it,” Achziger said, but emphasized that the increase hasn’t come without a fight.

Like most areas in Tooele County — both incorporated and unincorporated — Stansbury has a master plan designed to ensure that the park doesn’t bring on additional features that are impossible or unreasonable to fund. “We paid a lot of money for an engine to make sure we don’t overextend ourselves, Jones said.

Last week’s public hearing is the start of several state-man- aged hearings and meetings that will be necessary to pass the tax increase. Another hearing will take place in August. Achziger says the final service agency board vote will follow directly thereafter.

So if you thought REDUX sold real estate, or is a pharmacy, rail salon or a place to lose weight, then come in and see us at 1351 N. Main Street in Tooele or call 843-9100. You will be surprised.

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Junk Nutritional Policy page A4

Budget page A4

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Tooele Transcript

Tuesday, December 11, 2007

African-inspired, sixth-grade artwork on display at library

In Mary Thompson's third-grade class, students group and create paintings that reflect African-inspired themes. In her classroom, students glue tissue paper and string to create designs. The art projects are abundant in most elements of the classroom, where students get to show off their creative skills when their class’s lesson is incorporated into the artwork that students make. Students get to show off their creative skills when their class’s lesson is incorporated into the artwork that students make. Students get to show off their creative skills when their class’s lesson is incorporated into the artwork that students make.

The display has been on for more than a week and Monique Williams said she is going to leave it through January. However, many of the children want to use their artwork as Christmas gifts.

"We love our art and enjoy seeing what they do," said a volunteer who encourages other students to participate.

"If schools have projects like this, it can be a big hit," said Williams. "It's their library too, and the community likes to see the art."
The family of Grantsville. Her proud and happy parents are Mindy and Jake Thomas, and Calvin Olson. Giving of grantsville and Charley Verwalt and Bethell Thomas. Alayna has lots of aunts, uncles, cousins and friends who love her lots.

Merry Christmas and Happy New Year from Stansbury Park Golf Course

Alayna Kay

She arrived at L.D.S. Hospital on November 2, weighing 5 lbs. 9 oz. and was 18 1/2 inches tall. The proud and happy parents are Don and Joc Thomas of Grantsville. The proud grand parents are Tom and Nella Parker and Bruce and Linda Thomas. The great grand parents are Eva Verwalt, Lois Parker, Vivian Parker, Betty Thomas, and Richard and Carolyn Olson. Giving of grantsville and Charley Verwalt and Bethell Thomas. Alayna has lots of aunts, uncles, cousins and friends who love her lots.

Parke & Blake Thomas would love to announce the arrival of their baby girl.

The family of Grantsville. She was 18 1/2 inches tall. Her proud and happy parents are Mindy and Jake Thomas, and Calvin Olson. Giving of grantsville and Charley Verwalt and Bethell Thomas. Alayna has lots of aunts, uncles, cousins and friends who love her lots.

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Thomson's articles appreciated

LOVE ULTRAVIOLET

Anne Herron

June 27, 2007

My advice is to keep away — instead of a double cheeseburger, just get a cheeseburger. Order a 20-ounce soda at the huge Drive-in instead of soda. Instead of fries, get salads, stir-fry, make your own meal. At least try to eat more salads, fruit, vegetables, and lower-fat and lower-sodium options. And don't forget your water. And do more exercise. Or invest in a personal trainer. And do not order dinner through the phone. It's much easier to say no. Do not order fries, unless you have left the restaurant. You really should order salads, stir-fry, or sushi. For one thing, there are people who have lost weight by making second meals or caving in and eating healthier. You can order salads, stir-fry, or sushi. For another: all those immigrants from Mexico are losing weight. Not all of them are losing weight. Some are gaining weight. But not as much as they might be at first glance. In addition, there is a demographic change going on. According to the Pew Hispanic Center's report, the US-born Hispanic population is 5% in 1980, 5% in 1990, 5% in 2000, and 5% in 2010. The new report, based on the census of 2010, has six Spanish surnames in the top 25. Some of these names, you know, are Mexican. And there is a demographic change going on. According to the Pew Hispanic Center's report, the US-born Hispanic population is 5% in 1980, 5% in 1990, 5% in 2000, and 5% in 2010. The new report, based on the census of 2010, has six Spanish surnames in the top 25. Some of these names, you know, are Mexican.

Which is not how American history has worked. For one thing, there are people who have lost weight by making second meals or caving in and eating healthier. Some of these immigrants are losing weight. Not all of them are losing weight. Some are gaining weight. But not as much as they might be at first glance. In addition, there is a demographic change going on. According to the Pew Hispanic Center's report, the US-born Hispanic population is 5% in 1980, 5% in 1990, 5% in 2000, and 5% in 2010. The new report, based on the census of 2010, has six Spanish surnames in the top 25. Some of these names, you know, are Mexican. And there is a demographic change going on. According to the Pew Hispanic Center's report, the US-born Hispanic population is 5% in 1980, 5% in 1990, 5% in 2000, and 5% in 2010. The new report, based on the census of 2010, has six Spanish surnames in the top 25. Some of these names, you know, are Mexican.
NOTICE OF PROPOSED TAX INCREASE

TOWELE COUNTY FIRE DISTRICT

The North Tooele County Fire District is proposing to increase its property tax revenue.

• If the proposed budget would increase from $185,24%.

The North Tooele County Fire Tax on $166,000.00 residence would increase from $29.31 to $73.01 which is $43.70 per year.

• The North Tooele County Fire Tax on $166,000.00 business would increase from $53.29 to $132.74 which is $79.46 per year.

All concerned citizens are invited to a public hearing on the tax increase.

PUBLIC HEARING

Thursday, December 27, 2007 at 6:30 p.m.

Lake Point Fire Station,
1528 Sunset Road, Lake Point, UT.

To obtain more information regarding the tax increase, citizens may contact North Tooele County Fire District at 801-205-0162.

Published in the Transcript Bulletin December 20, 2007 and 25, 2007
Tuesday

NCIS
7 p.m. on CBS
This could get ugly. In the new episode, Gibbs (Mark Harmon) and Ziva (Cote de Pablo) suspect terrorist sniping in an immigration center. Callen (Chris O'Donnell) uncovers a runs-of-flight investigation to the dead man's family is based on their history and their need to keep the truth hidden. (David McCallum) values to rely on the family's source, Black Marine veterans in "Thirsty".

The Biggest Loser
8 p.m. on NBC
While only one contestant in this realty series is overweight and large, and when the end arrives, does the elimination of only six weeks mean that the last person standing will be the winner? We've heard that before. All previous races and current contestants are predicted to win at the end of the season. What's left: a victory at the end.

Boston Legal
8 p.m. on ABC
Denny (William Shatner) is in trouble for allegedly mishandling an immigration case. Meanwhile, the firm's "forbidden" love of Carl and Edie (Kathryn Erbe, Tate Donovan) is in Mexico — but help! Alan (James Spader) goes to San Francisco to support a bitter Edie as she faces a trial. (Steve Carell) thinks someone's putting a hex on the office when a freak accident occurs inside. (Steve Carell) thinks someone's putting a hex on the office when a freak accident occurs inside.

News
(:35) Nightline

News
Globe Trekker
Programa Pagado
(:05) Seinfeld
Two-Broke Girls
Every-Raymond
"Godzilla"
Wild Kingdom
Wild Kingdom
Fresh Prince
Fresh Prince
"How the Grinch Stole Christmas"
TOON
Grim Adventures
Futurama
Eureka 7
Home Videos
"Go Figure"
"Blazing Saddles"
Mad Men
Mad Men
Larry King Live
Knockouts
Best Damn Top 50 Special
Law & Order: Special Victims Unit
Psych
MythBusters
"Open Season"
"Borat: Cultural Learnings of America for Make Benefit"
(:45) "I Love Your Work"

6:30
Frosty-Snowmn
Frosty Returns
The Tonight Show With Jay Leno
Late Night
Programa Pagado
Sex and the City
Antiques Roadshow
BBC World News
The Simpsons
According to Jim
"Twas Night
Family Guy
Robot Chicken
The Cable Guy
Cory in the House
"The Nightmare Before Christmas"
CSI: Crime Scene Investigation
CSI: NY
CSI: Crime Scene Investigation
"A Christmas Carol"
Anderson Cooper 360
American Originals: Levi's, Legend
The O'Reilly Factor
On the Record-Van Susteren
Best Damn Top 50 Special
NFL Live

(:35) Late Show With David Letterman

Late Night
Programa Pagado
Sex and the City
Antiques Roadshow
BBC World News
The Simpsons
Every-Raymond
According to Jim
"Twas Night
Family Guy
Robot Chicken
The Cable Guy
Cory in the House
"The Nightmare Before Christmas"
CSI: Crime Scene Investigation
CSI: NY
CSI: Crime Scene Investigation
"A Christmas Carol"
Anderson Cooper 360
American Originals: Levi's, Legend
The O'Reilly Factor
On the Record-Van Susteren
Best Damn Top 50 Special
NFL Live

3:00
Guiding Light
General Hospital
News
Varied Programs
News
The Insider
Varied Programs
Varied Programs
Zoey 101
Varied Programs
Foster's Home
Lilo & Stitch
Kim Possible
The Golden Girls
The Golden Girls
Interruption
How It's Made

7:30
Christmas With the Mormon Tabernacle Choir
9:30
11:30
As the World Turns
Curious George
Super Why!
Programa Pagado
Home Improve.
Yes, Dear
Caillou
Word World
LDS Confer.
Paid Program
Sunrise Earth
Blue's Clues
Movie
Your World Today
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It was a close call, but the Dugway boys basketball team prevailed in overtime against Manila Saturday night in Dugway to run its record to 9-0 on the season. Jackson Jones hit a fadeaway jumper with six seconds left in overtime to give the Mustangs a 52-50 victory over the visitors.

Dugway led by three with only three seconds remaining in regulation when Manila canned a three-point shot to send the game to overtime.

“If they (Manila) were our toughest opponent to far — just a notch above ICS and Westridge Academy. They’re a lot like us. But they’re small and but are quick and have a lot of good shooters,” said coach George Bruce.

In its going by three games Dugway started slowly, but on Saturday the Mustangs opened up a first-quarter lead 11-8 after one quarter. Manila looked sharp in the second quarter, narrowing the Mustangs 18-10 to take a 27-26 lead at the half.

Dugway could only muster 10-12 from the foul line while the visitors hit 12-16.

“We’re not shooting very well from this line this year,” it is our Achilles Heel,” the coach said.

Field goal shooting has also taken a dip for the Mustangs in recent games shooting near 50 percent for most of the season. Dugway’s shooting has dipped below 40 percent in the last three games.

We missed a lot of shots inside the paint against Manila’s defense,” Bruce said.

Fortunately, junior Zach James has been cleaning up the glass offensively for the Mustangs and scoring buckets late in the game.

“James has been strong on the boards. He’s not by design, he’s getting a lot of easy rebounds right under the net,” the coach said.

Field goal shooting has also taken a dip for the Mustangs in recent games shooting near 50 percent for most of the season. Dugway’s shooting has dipped below 40 percent in the last three games.

The Tooele High girls basketball team finished its season with a pair of victories last weekend to extend its winning streak to five games.

Tooele is 5-2 on the year as it prepares for its region opener on Jan. 2 at Mountain View.

On Friday, Tooele trounced Uintah 58-32 and on Saturday the Lady Bulldogs rolled past Desert Hills 50-38.

“It’s good to have this five-game winning streak going into region,” said coach Katie Fredericksen. “We’ve been working hard our defense — working on our man-to-man and matchup zone.

Between new region and league games we may add in a couple more defenses,” the coach said.

The Grantsville girls basketball team opened up a five-point lead 19-8 to take a lead 13-8 after one quarter.

The Grantsville girls basketball team opened its pre-season with an 11-0 record when it faces defending 3A champion Emery High in Castle Dale.

Like Grantsville, the Lady Spartans are rolling along with a 5-2 record. Emery’s only losses are to 6A Davis and Canyon View, a team Grantsville edged last week.

One Salt Lake City publication has Grantsville ranked No. 1 in the state and another publication has the Griffins listed at third. Grantsville is also listed as the 10th best high school girls basketball team in the state including classifications 5A-11.

“It’s been neat to receive the high ranking and I think it just adds to our players’ confidence. At the same time our players are being humble about it realizing that we now have a big bullseye on our backs and everybody will be aiming for us,” said coach Kerrie Newton.

The Grantsville girls had little trouble putting together their 9-2 and last weekend was on a road swing to complete their regular season game for Union and Uintah on Friday at the Cougars defeat the Miners 54-18 and at Uintah 54-44.

Grantsville’s two opponents last week went as far as they have in previous years, and Newton was glad her team didn’t relax because the opponents were down on defense.

“We definitely really well considering we were playing to another opponent’s level, but we managed to improve our own game,” the coach said.

The Grantsville girls opened their season against the opening buzzer on Friday jumping to a 19-8 first quarter lead. Marmaro Robinson and Kela Wells paced the team in scoring with 10 points apiece and Kyle Erickson added 10.

Along with Marmaro and Kela, I was impressed with the play of Sammi Jensen in the game against Uintah. She finished the game with 17 points and 19 rebounds. The Grantsville girls topple Uintah, 58-32 in their Region One meet Friday and Saturday.

The Grantsville girls, led by five different players scoring in double figures and nine players scoring in the double figures, had a strong showing in the double figures, had a strong showing in the double digits.

The Grantsville girls claimed gold medals in all three relays and the girls’ medley and 400 free relays.

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It was a close call, but the Lehi Buffs reached 16th Tooele Invitational.

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The Grantsville girls claimed gold medals in all three relays and the girls’ medley and 400 free relays.
Dugway 59, Jones contributed 6. Tuesday Tooele Freshmen 34

Tooele High swimmer Kristin Andersen prepares to swim the 100-yard backstroke during the Tooele Invitational.

READY TO RACE

The freshmen were able to hang with the Mustangs for one quarter with the game tied 12-12, but were out scored 47-22 in the final three quarters. “We didn’t play well and Tooele would have brought its sophomores we might have been in trouble,” Bruce said. Some scheduling conflicts forced Tooele to send its freshmen team instead of the sophomores. Three-point shots from Tooele’s Cory McKendrick and Jason Stuart kept the Buffs in the game early on. But nine second-quarter points from Dugway’s James helped Dugway jump out to a 27-21 lead at intermission. Dugway put it away in the third quarter outscocking Tooele 20-6. Edwards scored seven points in the quarter. Dugway plays tonight at West Wendover.

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Texas basketball coach Larry Sandberg. "Our kids played hard and we had Alex guarding their top player who had to handle. Alex did a good job," said Sandberg, referring to Park City's Ryan Papez who led the Miners with 19 points.

During the fourth quarter each team seemed to catch fire offensively with the Miners outscoring Grantsville 21-16. Granernte has dropped seven straight games and looks like it may face its toughest opponent so far on Wednesday night when it hosts Delta at 7 p.m. Delta also is getting balanced scoring from its players with about four of them averaging nine or more points per game. The Rabbits have defeated two teams in Grantsville's region with wins over Morgan 70-47 and Ogden 65-53.

"Delta will be a challenge," Sandberg said. "Delta is really good and they have a 6-foot-8 inch player in Aaron Jeffry," Sandberg said. "Delta is really good and they have a 6-foot-8 inch player in Aaron Jeffry," Sandberg said. That was a team we could have beaten and we lost them down for three quarters, but our center Joey Logan sprained his ankle and our back-up center has a bruised sternum," said coach Larry Sandberg. Starters Logan Paulich and Alex Childs also fouled out late in the game.

Trevor Lujan provided some spark in the first quarter hitting a three-point shot and a two-point basket for five points prior to leaving the game with his ankle injury. The game was even at 9-9 after the first quarter. Kaleb Rupp got inside to score two baskets and hit three of five foul shots in the second quarter to keep Grantsville close trailing 27-24 at intermission.

Cody Colson contributed four points in the third stanza as the Cowboys trailed only by four after three quarters.

During the fourth quarter each team seemed to catch fire offensively with the Miners outscoring Grantsville 23-16. Childs, Reggie Roberts and Justin Huber all connected on three-point shots in the final quarter to keep the Cowboys within striking distance.

Childs led the Granernte scoring with 11 points, Rupp added 10, Paulich 7, Lujan 6 and Huber 5. Colson, Roberts and Logan scored 4 points each.

Grantsville has dropped seven straight games and it looks like it may face its toughest opponent so far on Wednesday night when it hosts Delta at 7 p.m. The Rabbits are 7-1 on the season and almost toppled 3A Bingham last Saturday losing by only six points at Delta. "Delta is really good and they have a 6-foot-8 inch player in Aaron Jeffry," Sandberg said. Delta also is getting balanced scoring from its players with about four of them averaging nine or more points per game. The Rabbits have defeated two teams in Grantsville's region with wins over Morgan 70-47 and Ogden 65-53.

"Delta will be a challenge, but we'll get in their faces on defense and work hard to come," Sandberg said.

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Grantsville's Alex Childs fires up a shot against Union earlier this year. Childs led Granernte in scoring with 11 points last Friday night against Park City.
Clifford Webb—a doctor from Saratoga Springs—who conducts hypnotherapy sessions about once a month in Tooele—has been working in the field for more than 35 years and was the second person in the United States to receive a doctorate degree in hypnotherapy.

"Hypnosis is the altered state of consciousness," Webb said. "You're awake, but you're not thinking how you normally think."

Webb uses the power of suggestion to help people achieve a wide range of goals, from stopping smoking to developing a positive attitude to losing weight. "So he's to something that people want to do in the first place," he said. "I can't make people do anything."

One common myth people have about hypnotherapy is that hypnotists make people act against their will, Webb said. "One of the primary things he teaches is that he is just an instrument to people who want to achieve their goals. No one can completely hypnotize other people—they have to do it themselves and hypnosis is just the power of accepting suggestions."

Webb became interested in the field of hypnotherapy when he was pursuing his undergraduate degree in psychology at Arizona State University and working full time. He found that during the long days of school and work he could stay awake, but his weekends would be consumed by hours of sleep. "I was exhausted," he said. "So I went to my psychology professor and asked him if I could stay awake five nights and then sleep the entire weekend and he said I was probably doing self-hypnosis."

After doing some research about self-hypnosis and hypnotherapy, Webb decided to pursue his interest by taking spe-
cially classes at the San Diego School of Medicine. "I just started using it for everything I could think of, whether it was for school, studying, sales work or sports," he said.

Webb has worked with professional sports teams and ath-
letes for most of his career. He has worked with notable figures like Billy Casper, the Utah Jazz, L.A. Rams, Boston Celtics, and athletic teams from almost every college in Ohio. He also has put his expertise to work in the medical and criminal fields, working for doctors, dentists and law enforcement agencies. Now he focuses on helping people walk away from addic-
tions like smoking or overeating through hypnosis sessions.

Tooele resident Mark Sandvold attended one of Sheff's Tooele smoking cessation sessions in October and hasn't smoked since. "While I was being hypnotized I thought 'this isn't working' he said. "But when I woke up, I knew I had been smoking."

Sandvold said he was impressed with the results, especially since he had been smoking since 1980.

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**Tooele**

Courtroom closure

Tooele County Courthouse will be closed on Tuesday, Dec. 25 and Wednesday, Dec. 26.

Hunter Education courses

Hunter Education courses will be held on land 8, 13, 15, 16 and 17. All classes are from 6 to 9 p.m., at the Tooele County Health Building, 151 N. Main St.

Students require students to attend all sessions of class. All students must go to a hunting license agent/vendor and purchase a Hunter Education voucher for $10 and bring it to the first day of class. For more information call Joe at 862-4767 or Bryan at 882-4795.

Grantsville

Edward Jones open house

Lance McCubbin, a financial advisor with the financial services firm Edward Jones, invites the public to attend an open house at his branch office.

The open house will be held Dec. 18, beginning at 5 p.m. to 7:30 p.m. at 580 S. Main St., Tooele. Edward Jones embraces the importance of building long-term, face-to-face relationships with clients, helping them to understand and make sense of the investment options available today.

**Schools**

THS Class of 1968

THS class of 1968 will flip your calendars around to the beginning of the 40-year reunion. We need your help to assure we contact as many classmates as possible. For a list of people for whom we have no address, please contact Mike Manzanares at manzances@gmail.com. Check out our website at www.tooelealternative.com.

Library

Special story time

The Tooele City Library is having a very special story time on Dec. 18, at 11 a.m., with a very special story reader.

Story time

Remember children’s story time every Wednesday at 11 a.m. and Thursday at 2 p.m. Storytimes each Friday from 3 to 5 p.m. Check with the library for special events and special story times that come up. For more information on those and other library programs, visit our Web site at tooelelibrarylibrary.org. Call 882-2182 or visit us at 128 W. Vine St.

Education

Adult Education

Get your high school diploma this year! All classes required for a high school diploma, adult basic education, GED preparation, work processing, driver’s education and English as a second language are available. Register now to graduate just in time for the holidays. The class is located at 76 S. 1000 West, and will run Monday and Thursday from 7 to 9 p.m. EOSL students may come anytime, the center is open Monday through Friday from 8 a.m. to 5 p.m. for individualized study with software programs and textbooks. Registration is $25 per semester.

Charity

Food pantry

The First Baptist Church in Tooele is offering a clothing closet and emergency food pantry to help meet the needs of our community. Anyone with children, adults and children are welcome.

The food pantry is open for emergency needs. Hours of operation are Saturdays from 10 a.m. to noon. We are located at 580 S. Main St., Tooele. For more info call 882-2048.

Blankets needed

There are over 500 homeless here in Tooele County. Let’s team up to keep someone out in the cold. Help the needy by donating blankets. Please donate blankets at the Christ Church, 430 W. Uah Ave. Call morning for best results at 882-4642. We’ll pick up.

**Sports**

/churches

Single dance

Join us for the Tooele Valley LDS Singles (ages 18 plus) dance on Friday, Dec. 21, from 9 p.m. to midnight, at the Tooele East Stake Center, 752 N. 202 East, Tooele. Please wear your dressy casual and have a wonderful evening with us. The cost is $3 per person.

Religion class

The Tooele Valley Church of Christ is sponsoring an adult religion class with the topic “The First of October, Page 5.” Classes will be held on Wednesday evenings beginning Dec. 9 and ending Dec. 30, from 7:30 to 8:30 p.m. at the Tooele LDS Institute Building, 65 S. 200 East, Tooele. The instructor is David A. West, former instructor for the University of Idaho Institute. This concentration will be held on the evening of the first class, and the cost is $22.50 for the course or $2.50 per class.

Christmas concert

Join us for THS bands, THS orchestra, and choirs. Be sure to attend this free event.

THS band/orchestra

The THS orchestra and bands will perform a seasonal music concert on Wednesday, Dec. 19, at 7 p.m., at THS in the auditorium. Come enjoy this free concert with the whole family.

Sports

GHS Alumni Basketball Tournament

The GHS basketball team will be putting on their Annual Alumni Basketball Tournament. This tournament is for all GHS alumni and all are encouraged to participate. The cost will be $15 per player, and $5 per day per spectator. All proceeds will be given to the GHS basketball program. The games will be played each night, 6, 7 and 8 p.m. in GHS’s new and old gyms. Please contact Andrew at 228-8754 or fritsvroth@yahoo.com for additional information.

**Groups**

Kiwimans meetings

Kiwimans meet every Tuesday night at American Legion Post 1, 620 N. Tooele. Contact John Nash at 882-9002.

‘Beyond Our Grip’

Valley Mental Health’s “Beyond Our Grip” group is for those who have suffered a loss in their life and are in need of support to help them in coping. Grief can often be worse during the holidays. If you are struggling, please call us We Meet Tuesdays from 2 to 3 p.m., at 100 S. 3000 West, Tooele. Contact Ena at 882-3020 with questions.

AAW

The Tooele Branch of the American Association of University Women will meet Tuesday, Dec. 18, at 6 p.m., at the home of Pat Stehmann, 122 Country Club, Stansbury Park, for dinner and a 100 gift exchange. AAW advances equality for women and girls through advocacy, scholarships, and research. Membership is open to anyone with a bachelor’s, associate’s or equivalent degree. For more information call Deanne D’Vita 882-9002 or aawutah.org

Tooele Gun Club

We’re starting a new four week trap shooting league on Wednesday, Dec. 26, and are looking for new shooters to join us. Teams are computer drawn and you don’t have to be a member of trap each Wednesday night. You can shoot ahead or make up if you don’t shoot on the regular league days. For more information call 483-2429.

New Year’s Eve party

The New Year’s Eve party will be downtown. The Aerie and Auxiliary will provide the food and bar. Admission is a potluck dish. There will be Kickin’ Karaoke with Rob Barney and party favors. The party will start at 7 p.m.

New Year’s Day social

The New Year’s Day social will be downtown and finger food will be served. All members are welcome to come and New Year’s Day.

Eagles steak nights

Eagles Steak Nights will be on Wednesday, Dec. 26, however, they will be back on Jan. 4, 2008.

Senior Circle

Senior Circle is for anyone over the age of 50 and costs only $12 per year. Call 843-5060 or stop by the hospital volume desk to sign up.

Cancer Care Guide Class — Tuesday, Dec. 18, at 4 p.m. at Tooele Senior Center for help and support in caring for your or aging loved one.

Recovery meetings

Senior Cancer Support Group will meet Monday, Dec. 25, at 7 p.m. at MMC.

**Lifestyle**

Kick drug habits

LDS Family Services addition recovery meetings are Tuesdays from 7:30 to 9:30 p.m. at 1003 S. 1000 West, 1008, Tooele 84072 for those struggling, please call us. We meet on the north side of the chapel. The Ena meeting has been discriminating.

Castaways AA

Castaways Alcoholics Anonymous meetings Monday, Tuesday and Thursday at noon at the St. Barnabas Church, 1784 N. Aerie Drive (southwestern looking church to the left of 2000 North). Open, mixed, non-smoking, anonymity, $2 donation.

Al-Anon meeting

An Al-Anon meeting will be held Wednesday from 6:30 to 7:30 p.m. at St. Barnabas Church, 1784 N. Aerie Drive and you’ll never have to feel alone again. Call Perky at 249-6054.

Tooele Transcript Bulletin

**BULLETIN BOARD POLICY**

If you would like to announce an upcoming event, contact The Transcript Bulletin at 882-4050 or email jamieb@tooeletranscript.com. “The Bulletin Board” is for special community events, charitable organizations, etc. clubs, nonprofit organizations, etc. cannot use this department. Please list your notice to 60 words or less. The Tooele Transcript Bulletin cannot assume responsibility for the correctness of information. For-profit businesses should contact the advertising department. Please call the advertising department at 882-0050. Information must be delivered no later than 3 p.m. on the day prior to the desired publication date.
FINANCIAL FOCUS

Avoid estate mistakes

If you’re investing for retirement, you probably have learned to avoid key mistakes, such as making hasty decisions based on short-term price fluctuations. But even when investors are sure and able to sit tight comfortably, you could still make some errors in your estate planning — and these mistakes could prove far more costly to your family.

How can you avoid making the same errors with your estate plans? Here are a few tips you should keep in mind.

• Communicate with your family. It will help alleviate potential probate fees if your family are good at discussing their plans and goals. This way, they can be informed of any changes that may impact their estate. Some families prefer to use a lawyer or financial advisor to help with this process. It’s important to make sure that everyone in the family is aware of any changes that may impact their estate.

• Update your beneficiaries. Make sure your beneficiaries are up-to-date with any changes in your will or estate plan. If you’ve remarried or changed the names of your children, for example, be sure to update your beneficiaries.

• Review your estate plan. It’s important to review your estate plan regularly to ensure that it’s up-to-date with any changes in your life, such as changes in your family or your financial situation.

• Be aware of the cost of estate planning. The cost of estate planning can vary depending on the size and complexity of your estate. It’s important to consider the cost of estate planning when making decisions about your estate.

• Be aware of the potential for disputes among family members. Disputes among family members can lead to additional costs and delays in the estate planning process.

These tips can help you avoid common estate planning mistakes and ensure that your estate plan is effective and efficient.
WEDDING

Drante and Marjorie Garrard have the honor of announcing the marriage of their granddaughter, Melissa Garrard to Devon Lampert, son of Lance and Melissa Lampert on Wednesday, Dec. 19, 2007, in Magna.

GRADUATION

Alan Gubler graduated from Utah State University on Dec. 19, 2007. He earned a Bachelor of Science degree in business administration. He is the son of Michael and Jordan Gubler of Tooele.

MWMC BABIES

Wyst Mark Bell was born Dec. 7, 2007, to Mark and Kim Bell. Logan Paul Ferre was born Dec. 8, 2007, to Jason and Tali Ferre.


Olivia Tomasa Delgado was born Dec. 15, 2007, to Anthony and Amanda Delgado.

Mikah Olivia Streekland was born Dec. 11, 2007, to Sidney

Strickland

Jennasee Darlene Bligedot was born Dec. 11, 2007, to Tyler and Alecia Bligedot.

Gaelen Lloyd Kimberg was born Dec. 12, 2007, to Tyler and Lauree Kimberg.

Breck Ryan was born Dec. 12, 2007, to Ryan and Rachel Shepherd.

Dorseyne Joel Christiansen was born Dec. 13, 2007, to Samuel Christiansen and Ldsanda Hansen.

Adin Zachary Anthony was born Dec. 14, 2007, to Tery and Sherry Anthony.

Please see News Happening? Give us a Call! 882-0050

—TRANSCRIPT BULLETIN—

Could you or someone you know have LAM? Thousands of young women are living with a deadly lung disease called LAM — and don’t know they have it. LAM is often misdiagnosed as asthma or chronic bronchitis.

There is no known cure. But there is hope.

Learn more about LAM: themafoundation.org
null
Melanie Bullock, a first- 

person in the nation to receive a doctorate degree in hypnotherapy. Bullock attended the weight loss and smoking ces-

session and said she could hear everything that was going on during the hyp-

nosis, but did become very relaxed.

It is seeing people who have received long-lasting and pro-

tative results that keeps Webb wrapped up in the work.

"Some people leave hyp-

osis or go on crater cruises," he said. "I love doing this. I can see how this can literally turn some people's lives around."

Traditionally you would make an indolentness in the top, fill it with berries and have it as a start and light it on fire before serving. I have to admit I would make a spectacular extreme like that. Nothing to it. Justing to make the carrots happy — and to get them to leave.

Steaming like this was a popu-

lar way of roasting in wood hear-

ted ovens — which had variable heat — because the heat around the food would stay fairly constant in its hot water sleeve. Even then, it might be a very large mass when finished or a delightful — if heavy — pudding. Then there are the dancing sugar plums. Yes just what are they? Are these mints, maybe dipped in sugar and baked with lots of sugar that to make them do pir-

ouettes like the Sugar Plum Fairy of "The Nutcracker Ballet"? Exactly what makes a sugar-

plum? A bit obscure, although there are recipes all over the place for both sugar coated plum fruits and small candies. There is even a tree that grows a variety of plum with that name. It is reputed to have one ever a sweet sport. It looks something like a very large grape and bears the name sugar plum. Essentially, however, the sugar plum in the poem was likely a small round or oval shaped candy made of sugar. Recipes bearing the name sugar plum range from a sugar candy to sugary mixtures of fruits, nuts and spices, to a ooie with stall and cheer-

ners in it. You can probably make up your own name and call it sugar plum — who would know the difference?

Rust goes is an English tradition associated with Christmas. This one, or at least the pretty close-oit is not a common dish. The crew uses the fruit of choice of the milder and lower classes when they learned. The wealthy could enjoy more of sugar — which, they related, made a fine treat. It appears that the most popular meats have superseded those delicacies in our day and age and country. Candy canes are one Christmas food we can all relate to Sugar was very expensive in medieval and pretty much con-

sumed to the wealthy except for very special occasions. However, in Arabia, physicians knew about - and used sugar — they used sugar through medicines — or better you said — used sugar instead of a candy stick — to make it more palatable. They were expertise with the confection spread to Europe. It is not a big jump to imagine that the candy without the medi-

cine soon became popular.

Legend has it that a German chemist at the 1880s hand-

ed out candy sticks to his young charity members to keep them quiet during long services. No one knows whether or not they were shaped as cans, and an arrangement of explanation have evolved concerning the shape. Was the candy formed to a coin or was it a shape that could be easily grasped?

If you wish to join a group preparing "a wafering" for eggnog. The original drink, wassail, was a hot spiced wine kept for drinking to health. The wine and spices were both for the wealthy the creamy egg-

nog drinks we enjoy during the Christmas season have come a long way from their original eggnog may or may not be alcoholic. Perhaps the first spiced fruit punches we drink are closer descendents from traditional.

Mincemeat pie was usually just that — some meats in tiny pieces and placed in a pie. It was a good way to use leftover meat and stretch the protein supply. Although the mincemeat pies we eat now of of particular ingredients, it did in medieval times. It also contained dried fruits, sugar and spices. As the costumes passed the meet disappeared from the pies. In some cases the pie became known as mince pies rather than mincemeat. Perhaps that is in part because it is relatively inexpensive and a little goes a long way.

Don't forget the fruitcake. This too came from Britain. The cake is made with dried fruits, honey and nuts and the tra-

ditions not the same in every year in your possession — originated in the Middle Ages was a Christmas treat and has been incorporated. The rich cakes were created that were made for special occasions like weddings and Christmas.

As the centuries passed, the fruitcakes we eat now have both popular and even with the mincemeat. Perhaps that is in part because it is not a good meat. Speaking of spicy foods, gin

from sugar flavors probably overpower the meat.

Now is the chance to reward the

efforts of your Transcript-Bulletin carriers by letting them know how much you appreciate the job they do. Simply fill out the attached coupon and mail it in with a check for the amount you would like to give. We will pass the gift on to your Transcript-Bulletin carrier. It’s the perfect way to say, thank you.

Webb has countless stories of success that he can tell from memory.

"Probably one of my big-

gest successes was a man from Page who was smoking five packs of cigarettes and drinking 12 cans of soda every day," he said. "He stopped smoking and drinking pop all in one night. He lost more than 90 pounds in the very next six months.

Weeds travels to Tooele once a month to conduct hypnosis sessions at the Best Western Inn in Tooele. People with questions about session dates can call the Best Western Inn at 862-5100.

Clifford Webb prepares for a hypnosis session at the Best Western Inn on Wednesday. Webb has worked as a hypnotist for 20 years and was the sec-

ond person in the nation to receive a doctorate in hypnotherapy. Power continued from page B1.

Other session attendees have been a little more skep-

tical of what results would come from the hypnosis. Melanie Bullock, a first-

time hypnotis attendee last week, said shortly after the session she felt a little differ-

ent but would have to give the hypnosis a couple of days to see if the effects would be long-lasting.

Bullock attended the weight loss and smoking ces-
sation sessions and said she could hear everything that was going on during the hyp-

nosis, but did become very relaxed.

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